

Location	Address	Postcode	Telephone
Anlaby	First Lane	HU10 6UE	(01482) 565560
Beeford	Main Street	YO25 8AY	(01262) 481699
Beverley	Coltman Avenue	HU17 9LP	(01482) 880066
Bridlington	Butts Close	YO16 7BS	(01262) 409596
Bridlington	Hilderthorpe School, Shaftsbury Road	YO15 3PP	(01262) 606053
Brough	Springfield Avenue	HU15 1AE	(01482) 669474
Cottingham	The Garth	HU16 5BP	(01482) 845636
Driffield	Beckside, Brook Street	YO25 6QN	(01377) 240782
Goole Rural	Marshlands, Hall Road	DNI4 5UE	(01405) 762614
Goole Town	Kingsway, Fountayne Street	DNI4 5HQ	(01405) 761287
Hedon	George Street	HU12 8JH	(01482) 899962
Hessle	The Hourne, Eastgate	HU13 9LJ	(01482) 629085
Hornsea	Hornsea School, Eastgate	HU18 1DW	(01964) 537160
Howden	Customer Service Centre, 69 Hailgate	DNI4 7SX	(01482) 395220
Market Weighton	Princess Road	YO43 3BY	(01430) 874090
Pocklington	Woldgate College, Kilnwick Road	YO42 2LL	(01759) 307154
Withernsea	Withernsea High School, Hull Road	HU19 2EQ	(01964) 612618



What is a...  
**CHILDREN'S  
CENTRE?**

Parents, parents to be, carers, grandparents, foster carers and child minders – take a look and find out more about the services we can offer you and your family.

East Riding Children's Centres are with you from bump to baby and beyond, to give all children the best start in life.

To find out more information please contact or call in to your local Children's Centre, we look forward to meeting you and your family. Or contact the Families Information Service (FISH) on (01482) 396469.

## ◆ What is a Children's Centre?

East Riding Children's Centres are here for the whole family; from the moment you know you are expecting a baby, and until your child or the child you are caring for is nine years of age. East Riding has **18 Children's Centres** that offer a range of activities and core services for children and their families, to give every child the best start in life.

## ◆ The Children's Centre core purpose is:

Child development  
and school readiness

Parenting aspirations  
and parenting skills

Child and family  
health and life chances

## ◆ Who are Children's Centres for?

The Children's Centres are open to anyone living in the East Riding who is pregnant or who is caring for a young child. You could be a mum, dad, carer, grandparent, foster carer or child minder.

## ◆ What do Children's Centres offer?

East Riding Children's Centres have developed a complete range of activities and services for young children, their families, carers and pregnant women to meet the individual needs of each centres community. *All the services that the centres provide are free.* They are inclusive for children and parents with additional needs. We work closely with other agencies and services to provide a wide range of support.

## ◆ How can the Children's Centre team help?

Children's Centres have experienced, qualified and friendly staff who provide support to you and your family in different ways. The staff develop play and learning opportunities using the Early Years Foundation Stage Framework. You are welcome to come along to your local centre where our staff will chat to you about the services and support that is available; you can access services and enjoy our community. Our team are passionate and work together to provide a safe, nurturing, non-stigmatising environment where you can seek information, advice, support and services.

## ◆ Why should you visit a Children's Centre?

All East Riding Children's Centres are inspected by **Ofsted**. We are already making a real difference for both children and families, right across the East Riding. Our mission is to provide early help for families with young children, so that we improve every outcome for all young children.

## ◆ Dads

Dads are really important in children's lives and are always welcome to come along and enjoy all the services provided by the Children's Centres.

## ◆ Family Contact

As part of our work with families, Children's Centres help to facilitate family contact.

*For more information please see our family contact leaflet.*

## ◆ Children's Centre Activities and Sessions

Baby massage, play sessions, parenting workshops, talk time, toy library, take and make, bookstart and many more.

## ◆ Specialist Services

Links with Jobcentre Plus, benefits, housing and budgeting advice, partnerships with Health Visitors and Midwives.

## ◆ Advice and Support

Breast feeding, introducing solid foods, toilet training, sleep patterns, support bags, health and wellbeing, sensory development (*sensory room*) and many more.

## ◆ Parents' Role as First Educator

Parents engage with the Children's Centre and gain new ideas they can use at home to support their child's learning.

## ◆ Child's Knowledge, Skills and Confidence

Child's early learning outcomes are improved as a result of attending sessions at their local Children's Centre and subsequent parent led home learning.

