

## Looking After Your Children in School – Medicines in School

We take great care in school to ensure that your child is looked after, listened to and supported for their specific needs throughout the day. That's such an important part of the school's ethos.

Part of this commitment to you and your child is to help them make a happy return to school when they have been poorly. We would like to reassure you that our Medicines Policy enables us to continue to support you and your child by administering paracetamol-based and prescribed medicines on their return to school: they'll get back into the swing of school and we'll take the worry out of sending them back to us! With regard to paracetamol based medicines, e.g. Calpol, we ask that **only sachets** are sent to school and not bottles, please. Please note that such medicines that have not been prescribed can only be administered at the school for a **48hr** period. The school is unable to administer Ibuprofen unless it is on a current prescription. Our Medicines Policy can be read on our website at <https://www.hunsleyprimary.org.uk/parent-info/school-policies/>

If your child has medicine at school as part of their Individual Health Care Plan (IHCP) e.g. Ventolin inhalers or Epi-pens, it is parent/carer's responsibility to ensure that the medicine is within its expiry date and that a suitable amount remains at school. If you would like to discuss your child's IHCP or something has changed with regard to your child's medical needs, please do contact the school.

To view the East Riding's Parent Information leaflet on Medical appointments and illness please visit <https://www.hunsleyprimary.org.uk/wp-content/uploads/2017/09/Parent-Information-Leaflet-2017.pdf>

## Useful Websites and Hyperlinks

[Integrated Specialist Public Health Nursing](#)

[www.facebook.com/EastRidingISPHNS/](http://www.facebook.com/EastRidingISPHNS/)

[Family Information Service Hub \(FISH\)](#)

[Public Health England](#)

[CAMHS UK](#)

[Children's Centres in the East Riding](#)

[NHS: Handwashing Guide](#)

## Handwashing: an easy way to protect yourself and your child from illness!

We continue to carry out our regular handwashing reminders with the children: we have a set handwashing routine in school and make sure the children are reminded throughout the day to keep their hands clean; but it never does any harm to show the children step-by-step how to do it to the best effect.

Why not visit the World Health Organisation's pages on handwashing to find out the 11 steps for super clean hands – you can encourage your child to follow the routine at home, as well as at school.

[World Health Organisation Hand Washing Guide](#)



## Sickness and/or Diarrhoea – National Guidance

**It's really important for schools that cases of sickness and/or diarrhoea are managed. As parents/carers you can make a really valuable contribution to this management by being vigilant when it comes to sickness and/or diarrhoea. With this in mind if your child has been sick or has had diarrhoea at home or at school they must remain at home according to the following...**

**As per Public Health England's guidance, Children with these symptoms should be kept at home for **48 hours** after the last incident of sickness or diarrhoea. If symptoms persist or reoccur medical advice should be sought.**

We also urge that parents/carers give a clear reason for absence, particularly specifying if sickness and/or diarrhoea are involved.

Please do not send your child into school if they're showing these signs of a sickness or diarrhoea bug.

Thank you for supporting school in managing children's health.