

Autumn Term: Pupil Health and Wellbeing Information

Looking after the School Community Health in the Winter Months

As winter temperatures fall and seasonal bug numbers rise, we wanted to let you know what we do to help keep children (and families & staff) as protected as we can in school.

We continue to follow these approaches:

- Modelling to the children how to effectively wash their hands
- Keeping rooms ventilated whilst still being aware, when temperatures drop outside, of children needing to be warm enough inside
- Daily cleaning of touch points - door handles, light switches, interactive whiteboards
- Additional measures for keeping clean, especially for those younger pupils.
- Plenty of tissues in the classroom and around the site for those who need to use them

Our Medicines Policy allows for children who just need that extra support of Calpol or other paracetamol-based medicine for up to 48 hours, to be supported to stay in school.

Our 48 hour sickness and diarrhoea policy means that children who do unfortunately become poorly only return to school 48 hours after their last bout of sickness and/or diarrhoea.

Handwashing: an easy way to protect yourself and your child from illness!

We continue to carry out our regular handwashing reminders with the children: we have a set handwashing routine in school and make sure the children are reminded throughout the day to keep their hands clean; but it never does any harm to show the children step-by-step how to do it to the best effect.

Why not visit the World Health Organisation's pages on handwashing to find out the 11 steps for super clean hands – you can encourage your child to follow the routine at home, as well as at school.

[NHS: Handwashing Guide](#)



If you are at all worried about your child's health and wellbeing, please do not hesitate to call us or to email:

01482 330883

enquiries@hunsleyprimary.org.uk



Sickness and/or Diarrhoea – National Guidance

It's really important for schools that cases of sickness and/or diarrhoea are managed. As parents/carers you can make a really valuable contribution to this management by being vigilant when it comes to sickness and/or diarrhoea. With this in mind if your child has been sick or has had diarrhoea at home or at school they must remain at home according to the following...

As per Public Health England's guidance, Children with these symptoms should be kept at home for **48 hours** after the last incident of sickness or diarrhoea. If symptoms persist or reoccur medical advice should be sought.

We also urge that parents/carers give a clear reason for absence, particularly specifying if sickness and/or diarrhoea are involved.

Please do not send your child into school if they're showing these signs of a sickness or diarrhoea bug.

Thank you for supporting school in managing children's health.

[Integrated Specialist Public Health Nursing](#)