

The Physical Education Curriculum at Hunsley Primary

Our PE curriculum aims to provide our children with ongoing opportunities to develop, practise and experience a range of sports skills, games and concepts and to gain key learning about active healthy lifestyles, from outdoor activities, to team games; competitive matches to healthy exercise. It is important to us that the children have two hours of PE each week. Through 2 hours of PE each week, as well as other openings for activity, our curriculum provides children with ongoing opportunities to develop and practise their motor competence which evolves to become intelligent movement within game situations and the understanding of how this links with an active healthy lifestyle. In this time, they develop key knowledge, skills and vocabulary which can be applied across a range of sports and activities, both competitive and cooperative. Character building is an important part of the curriculum and through PE lessons we aim to embed key values of practise, perseverance, teamwork, fairness resilience and respect, which can be used in their wider learning and development. In Year 6, children are given the opportunity to attend bike ability training and in Year 4, our pupils take part in swimming lessons and are given the opportunity to continue to develop this skill in later years.

We also create a broad range of extra-curricular activities to expose children to a variety of sports as well as to raise awareness around associated issues such as inclusion and gender inequality. In the past, we have brought in Go Kids Go wheelchair sessions, inclusive sports days and skateboarding taster sessions. Although, each year we look to expose children to new and exciting activities as we aim to give children the opportunity to explore and try new things, so that they can make choices about their preferences and have opportunities to follow up on these in school and beyond, should they wish.

Children will be taught using the EYFS Framework (Reception) and Primary Steps in PE scheme (Y1-Y6), supplemented with support and specialist teaching from a range of external agencies, and our specialism-trained PE linked staff from South Hunsley Secondary School. We use our Sports Premium to enable us to offer this diverse curriculum and to develop activity across a playtime and a lunchtime. By the end of their time at Hunsley Primary, pupils will experience a wide range of competitive sporting opportunities alongside local partnership schools outside of the school day.

	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Autumn 1	Games	Gym: Body Management Games: Locomotion	Gym: Body Management Games: Object Control	Fitness Games: Invasion 1	Fitness Games: Invasion 1	Fitness Games: Invasion 1	Fitness Games: Invasion 1
Autumn 2	Gymnastics	Dance: Interpretive Dance Athletics: Indoor	Dance: Interpretive Dance Athletics: Indoor	Dance: Interpretive Dance Athletics: Indoor	Dance: Interpretive Dance Athletics: Indoor	Dance: Interpretive Dance Athletics: Indoor	Dance: Interpretive Dance Athletics: Indoor
Spring 1	Dance	Gym: Floor Exercises Dance: Performance Dance	Gym: Floor Exercises Dance: Performance Dance	Gym: Body management/Floor Exercises Dance: Performance Dance	Gym: Body management/Floor Exercises Dance: Performance Dance	Gym: Body management/Floor Exercises Dance: Performance Dance	Gym: Body management/Floor Exercises Dance: Performance Dance
Spring 2	Ball Skills	Gym: Flight Games: Object Control	Gym: Flight Games: Sending and Receiving	Gym: Flight Games: Invasion 2	Gym: Flight Games: Invasion 2	Gym: Flight Games: Invasion 2	Gym: Flight Games: Outdoors and Adventurous
Summer 1	Ball Skills	Games: Net/Wall Games: Sending and Receiving	Games: Net/Wall Games: Locomotion Agility	Games: Net/Wall Games: Invasion (rules and tactics)	Games: Net/Wall Games: Invasion (rules and tactics)	Games: Net/Wall Games: Invasion (rules and tactics)	Games: Net/Wall Games: Invasion (rules and tactics)
Summer 2	Athletics	Games: Sending and Receiving Games: Locomotion	Games: Locomotion Athletics	Games: Striking and Fielding Athletics	Games: Striking and Fielding Athletics	Games: Striking and Fielding Athletics	Games: Striking and Fielding Athletics

Key threshold concepts

- Our children have good hand/eye coordination. They can throw and catch a ball accurately. They can hit a ball with a bat or racket with precision.
- Our children understand the need for fair play in sport and uphold these principles.
- Our children understand the importance of teamwork. They have the skills needed to be a good team player.
- Our children understand the rules of a game and can follow these.
- Our children have a basic understanding of key sports: cricket, football, netball, tennis, athletics, gymnastics, dance, but also participate in a range of other sports, games and activities to develop their skills.
- Our children can perform dance with imagination, creativity, expression and precision.
- Our children can perform a range of rolls, balances, leaps, jumps and turns with tension and accuracy.
- Our children put together sequences of movements, which have fluidity and precision.